



Kaiser Permanente, Department of Geriatric Medicine
and

Redwood Caregiver Resource Center

A Program of North Coast Opportunities

Present:

Monthly training opportunities for family members and professionals



Facilitator: Alexis Glidewell, LCSW

Video: More than Words: A New Culture of Care and Communication with Persons Who are Living with Dementia and Other Age-Related Conditions
Description

This video shows practical ways of identifying the underlying need behind a patient’s challenging behavior and shows the process of evaluating adaptive approaches to meet those needs. This film shows actual dementia patients and care providers in residential care facilities and offers strategies that can be used anywhere, including in the home.

Discussion: Review of realistic expectations about behavior management, focus on behavior accommodation versus behavior modification, identifying environmental triggers, and learning where caregivers do and do not have control.

Sept 13, 2024 (10:30 am – 12:30 pm)

[REGISTER NOW](#)

If you're looking at the flyers on the computer, mobile phone, or tablet, just click where it says 'REGISTER NOW' to sign up.

If you have a **paper flyer**, you can register by calling Amie Huynh at 707-582-2329 or sending her an email at axh@redwoodcrc.org

Caregiver 101 Class

For the family members or caregivers of patients with the diagnosis of dementia. Discussion: Strategies for dealing with dementia associated symptoms and the importance of advanced planning.

Sept 27th (10:30 am – 12:30 pm)

[REGISTER NOW](#)

Video: The Alzheimer’s Project: Grandpa, Do You Know Who I Am?

— Five children--ages 6-15--talk about coping with grandparents who are suffering from Alzheimer's disease in this documentary. Maria Shriver provides commentary and delivers valuable lessons for the kids.

Discussion: Helping children understand and cope with memory, personality and behavioral changes in their loved ones, including how we can model, validate and encourage children to develop adaptive coping

Oct 1, 2024 (1:30pm - 3:30pm)

[REGISTER NOW](#)

Video: Is It the Right Time? The Nursing home Decision

— This video deals with the tough decision of nursing home placement, and how one family struggled with that decision.

Discussion: Exploring placement options, including accessing supportive resources to find appropriate Residential Care, indicators that residential care may be necessary, and how to approach

Nov 5, 2024 (1:30pm - 3:30pm)

[REGISTER NOW](#)