



## Volunteer Interest Form

We offer meaningful volunteer opportunities throughout Humboldt and Del Norte counties and would like to match you with volunteer activities that suit your skills and interests. Volunteering with Area One Agency on Aging is a great way to help support people in ways that promote healthy and independent aging!

Name \_\_\_\_\_ Phone \_\_\_\_\_ Email \_\_\_\_\_

Street Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

How did you hear about our volunteer opportunities?

Why do you want to volunteer with the Area 1 Agency on Aging?

Check all activities/programs that interest you:

- Medicare Counselor
- Advocate for Residents of Long-term Care Facilities
- Fall Prevention Instructor
- Nutrition Instructor
- Volunteer Driver Program
- Northcoast Homeshare Program
- Digital Literacy & Technology Instructor
- Administrative/Clerical Support
- Social Media
- Canvassing & Outreach

Other: \_\_\_\_\_

Do you have special skills or additional information you'd like to share with us?

Date \_\_\_\_\_

Mail or email form to:

**Area 1 Agency on Aging, 333 J Street, Eureka, CA 95501**

[volunteer@a1aa.org](mailto:volunteer@a1aa.org)

Visit <http://a1aa.org> or call (707) 442-3763 for program information. Thank you for your interest!